



## Dr. Betty Sanisidro, DNP, MSN, RN, COHN-S, APHN-BC, Executive Director

Dr. Betty Sanisidro is the Executive Director of the American Board for Occupational Health Nurses. She commenced her nursing career with Robertwood Johnson University Hospital in New Jersey on a Medical Surgical unit then transitioned to occupational health 16 years ago realizing immediately she had found her niche.

Dr. Sanisidro holds a BSN from Fairleigh Dickinson University, and an MSN and Doctorate of Nursing Practice from Seton Hall University. She is a Certified Occupational Health Nurse Specialist and a Board-Certified Advanced Practice Holistic Nurse. She is a member of Sigma Theta Tau and the American Association of Occupational Health Nurses. Dr. Sanisidro published “Self-care is the best care: An educational initiative for nurses” in December 2022.

Sanisidro’s professional career includes managing occupational health programs and departments within Merrill Lynch, Prudential Financial, DOW Chemical, Sanofi, Titleist, and Johnson & Johnson. She has remained passionate about advocating for patient employees, managing regulatory and compliance programs, developing and implementing wellness initiatives, and advancing the nursing profession and nurses everywhere.

Dr. Sanisidro’s interests are in nursing education, process improvement and streamlining, self-care for healthcare providers, and advanced practice nursing and certification. She remains steadfast in her quest to empower nurses and effectuate change within the occupational health community.